

MALIKS



AS FEATURED IN:



THE GOOD
FOOD GUIDE



Harden's
UK Restaurants

Vegetarian (main course)

SABZI SHASHLIK	£8.00	SABZI KORAI	£7.00
Spiced vegetables roasted in a clay oven, glazed with cheese.		Seasonal fresh vegetables cooked with shallots, capsicum and tomato in a light medium blend of spice.	
PONIR SHASHLIK	£8.00	VEGETARIAN GREEN CURRY	£9.00
Cubes of vegetarian cheese grilled in the Tandoor.		Mixed vegetables cooked with aromatic ground spices and coconut milk.	
SABZI MASSALA	£8.00	SABZI BIRIANY	£9.00
Seasonal Bangladeshi and continental vegetables cooked in massala sauce.		Stir fried spiced vegetables with basmati rice, chopped herbs and fresh coriander with a sauce.	
SABZI REZALLA	£8.00		
Stir fried mixed vegetables cooked in tangy lemon sauce and fresh chilli.			

Vegetable Side Dishes

NIRA MISH	£4.00	BEGUN BIRAN	£4.00
Mixed vegetables.		Strips of Bangladeshi aubergines cooked with light spices and herbs.	
BINDI	£4.00	SAG PONIR	£5.00
Ladies fingers.		Spinach and homemade cheese cooked in a mild creamy blend.	
SAG BHAJEE	£4.00	CHANNA MASSALA	£4.00
Spinach.		Tender chick peas cooked in medium spices and herbs.	
TARKA DALL	£4.00	SAG ALOO	£4.00
Lentils.		Spinach and seasonal potato wedges cooked with subtle spices and herbs.	
SAG AND MUSHROOMS	£4.00	SESAME COURGETTES	£4.00
MUSHROOM BHAJEE	£4.00	Thin slices of fresh courgettes cooked with shallots, pepper, sesame seeds and spices.	
CAULIFLOWER BHAJEE	£4.00	MATTAR PONIR	£5.00
ALOO GOBI	£4.00	Cheese and peas	
Potatoes and cauliflower.			
BENGALI ALOO	£4.00		
Potatoes.			

VEGETARIAN BANQUET

£15.00 per person (minimum of two)

APPETISER

Pakora / Samosa / Chana Chat / Stuffed Chillies

MAIN COURSES

Vegetable Green Curry
Sabzi Massala
Sabzi Rezalla
Sag Mushroom
Tarka Dall
Rice
Naan

Rice and Accompaniments

GARLIC CHICKEN RICE	£5.00	PULAO RICE	£3.00
Marinated, diced chicken cooked with basmati rice.		Delicately spiced with delicious aromas.	
SPECIAL RICE	£4.00	RAITHA	£3.00
Basmati rice with egg ribbons, peas, shallots and herbs.		Homemade natural yogurt with chopped onion and cucumber.	
MUSHROOM RICE	£4.00	PAPADOM	£0.50
Basmati rice with mushrooms and herbs.		SPICED PAPADOM	£0.50
BOILED RICE (steamed)	£3.00	CHUTNEY SELECTION (per tub)	£0.50

Breads

KEEMA NAAN	£3.00	ALOO PARATA	£3.50
Stuffed with minced lamb.		Stuffed with potato.	
GARLIC NAAN	£3.00	PARATA	£3.00
With crushed garlic and pure ghee.		PUREE	£2.00
CHEESE NAAN	£3.00	Deep fried crunchy thin bread.	
PLAIN NAAN	£3.00	CHAPATI	£2.00
PESHWARI NAAN	£3.00		
Stuffed with a sweet paste of crushed nuts.			

TRADITIONAL DISHES

CHICKEN £9.00 LAMB £10.00 KING PRAWN £15.00

MADRAS / VINDALOO / DANSAK /
KORMA / DOPIAZA / ROGAN / PATHIA

ALLERGY ADVICE: OUR DISHES ARE PREPARED IN AREAS WHERE ALERGENIC INGREDIENTS ARE PRESENT. WE CANNOT GUARANTEE THAT DISHES ARE 100% FREE OF THESE INGREDIENTS. SOME DISHES MAY CONTAIN TRACES OF NUTS, WHEAT, GLUTEN OR OTHER ALLERGEN INGREDIENTS.
PLEASE ASK OUR STAFF BEFORE PLACING YOUR ORDER

MALIKS

TAKE AWAY MENU



FOR RESERVATIONS OR TAKE AWAYS, PLEASE
CONTACT YOUR NEAREST RESTAURANT

COOKHAM - HIGH STREET, SL6 9SF
T: 01628 532914 | 01628 520085

GERRARDS CROSS - 14 OAK END WAY, SL9 8BR
T: 01753 880888 | 01753 883564

MARLOW - 101 HIGH STREET, SL7 1AB
T: 01628 482180 | 01628 482234

MALIKS EXPRESS KITCHEN
(Take away & delivery for Gerrards Cross area only)

www.maliks.co.uk

Appetisers

MALIK'S SPECIALS per person (minimum of two)	£6.50	ANIKAS per person (minimum of two)	£6.50
A selection of starters consisting of Pancake Kebab, Aloo Chaat, King Prawn Suka, Marrechi Ponir and Nazakat.			
KING PRAWN PUREE (spicy)	£7.00	MURGH LIVER	£5.00
JHINGHA GARLIC Skewered king prawns grilled in the Tandoor with garlic and herbs.			
TANDOORI KING PRAWNS	£7.00	King prawns cooked in a sweet and sour tamarind sauce.	
King prawns marinated in spices and cooked on a skewer over charcoal.			
KING PRAWNS BUTTERFLY	£7.00	PANCAKE KEBAB	£4.50
A pancake stuffed with delicious spicy lamb.			
NAZAKAT	£5.00	CHAT SUPREME	£4.50
Delicately spiced succulent chicken skewered and grilled in the Tandoor.			
SHEEK KABAB	£4.50	ONION BHAJEE / PAKORA / SAMOSA	£4.00
Mince lamb pungently spiced, medium hot and grilled over charcoal.			
MARRECHI PONIR	£5.00	CHICKEN TIKKA	£4.50
Fresh whole chilli stuffed with mild cheese, covered in breadcrumbs and deep fried.			
HAASH POURA	£5.00	LAMB TIKKA	£5.00
Duck breast marinated and grilled over charcoal.			

Any dishes not listed can be cooked to order

BANQUETS

SUPER BANQUET
£18.00 per person
(minimum of four people)

APPETISER
Maliks specials

MAIN COURSES
Chicken Tikka Massala
Chicken Rezala
Halim
Goan Fish Curry

ACCOMPANIED BY:
Mushroom Sag
Mattar Ponir
Pulao Rice
Chana Rice
Plain Naan
Peshwari Naan

SPECIAL BANQUET
£18.00 (PER PERSON)
(minimum of two)

APPETISER
Anikas Mix

MAIN COURSES
Green Chicken Curry
Lamb Korai
King Prawn Jalfraizi

ACCOMPANIED BY:
Chana Sag
Pulao Rice
Plain Naan

Poultry

MURGH TIKKA MASSALA	£8.50	MURGH JALFRAIZI (hot)	£8.50
Breast of chicken marinated in mild spices, grilled, then cooked in massala sauce.			
MURGH KORAI	£8.50	KORAI KABAB KHYBERI	£8.50
Spring chicken cooked with shallots, pepper, tomato and onions in a selection of medium spices and fresh herbs.			
HAASH SHUGANDA	£10.00	HAASH JALFRAIZI	£10.00
Sautéed duckling marinated in subtle spices, grilled, then cooked with hot spices, shallots, capsicum, fresh chilli, fresh herbs and coriander.			
ANNANS HAASH	£10.00	BUTTER CHICKEN	£9.00
Succulent roasted duck breast cooked in a creamy coconut milk, blended with aromatic spices and complimented with fresh pineapple.			
MURGHI MASSALAM	£8.50	HAASH CASHEW NUTS (mild)	£10.00
Spring chicken cooked with medium spice, fresh herbs and minced lamb.			
GREEN CHICKEN CURRY	£8.50	MURGH REZALA (hot)	£9.00
A strip of chicken breast cooked with broccoli, baby aubergine, coconut milk and aromatic ground spices.			
MURGH BIRIANY	£10.00	MURGH JALALI	£8.50
Chicken cooked with basmati rice, fresh herbs and spices, served with curried vegetables.			
KOLA MURGH	£8.50	Chicken breast in a mild sauce with banana.	

Meat

LAMB HALIM	£9.00	KORAI LAMB (medium)	£9.00
Lamb cooked in lentils, fried ginger and garlic.			
LAMB BIRIYANI	£13.00	SIKANDARI LAMB	£12.00
Lamb cooked with basmati rice, fresh herbs and spices, served with curried vegetables.			
TETUL LAMB (medium)	£9.00	METHI SAG GOSTH	£9.00
With tamarind.			
LAMB PASANDA (mild)	£9.00	LAMB JALFRAIZI (hot)	£9.00
Lamb cooked in almond sauce and cream.			
Tender lamb cooked in hot spices with shallots, capsicum, fresh chilli, fresh herbs and coriander.			

Sea Food

STUFFED CALAMARI	£14.50	CHINGRI JOHL	£13.00
Calamari stuffed with herbed minced prawns and chicken, cooked in a tasty mild sauce.			
STEAMED SEA BASS	£15.00	KING PRAWN BIRIANY	£15.00
Fresh sea bass stuffed with fragrant fresh herbs, gently steamed to absorb the fragrance of the herbs, a real treat for fish lovers.			
SEAFOOD BHUNA	£14.50	KING PRAWN TANDOORI MASSALA	£14.00
An infusion of scallops, squid, red mullet and king prawns cooked in our Chef's speciality stock, a blend of medium 'Bhuna' spices and herbs.			
RED MULLET BIRAAAN	£14.50	KING PRAWN ACHARI (mild)	£14.00
Fresh red mullet, marinated with light spices and delicate herbs, pan-fried with cayenne pepper and onion.			
MASSALA MONK FISH	£14.50	MAS KORAI	£14.50
Grilled and cooked in massala sauce.			
KING PRAWN JALFRAIZI	£13.00	CHILLI MONKFISH	£15.00
King prawns cooked in hot spices with onions, pepper, shallots, fresh herbs, green chilli and coriander.			
BORO ISA	£14.00	Grilled Monkfish cooked in hot spices with shallots, capsicum, fresh chilli, fresh herbs and coriander	
Marinated king prawns cooked in a mild sauce.			
KING PRAWN MOGLAI	£14.00	Grilled king prawns cooked in medium spices with cashew nuts.	

Tandoori

TANDOORI MIXED GRILL	£13.00	MURGH SHASHLIK	£8.50
Consisting of Lamb Tikka, Chicken Tikka, Sheek Kebab and Tandoori Chicken.			
TANDOORI MURGH	£8.50	LAMB SHASHLIK	£9.00
Spring chicken marinated in herbs and grilled over charcoal (on the bone).			
BADAMI MURGH	£9.00	TANDOORI KING PRAWNS	£13.00
Skewered grilled chicken breast with peanut sauce.			
NAZAKAT	£10.00	KING PRAWN SHASHLIK	£13.00
Delicately spiced succulent chicken skewered and grilled in the Tandoor.			
CHICKEN TIKKA	£8.50	King prawns marinated in special sauce, skewered and flamed.	
Chicken marinated in homemade paste, skewered and grilled over charcoal.			
LAMB TIKKA	£9.00	TANDOORI MONK FISH	£14.50
Lamb marinated in homemade paste, skewered and grilled over charcoal.			
HAASH SHASHLIK	£9.00	Monkfish marinated in medium spices, cooked in the Tandoor.	

MALIKS

Testimonials

"Malik, you have heard this a million times but you're without a doubt patron of the best Indian Restaurant in the country."

- Heston Blumenthal (The Fat Duck)

"What can I say? Brilliant food, even better service... Certainly the Best Restaurant in the country!... Europe, the world..."

- Chris Barrie (Red Dwarf)

"When you enter Maliks the experience starts. Not only is the food probably the best served in the country but the hospitality and ambience is unrivalled!!"

- Peter Jones (Entrepreneur, Dragons Den)

"You simply are the best – I can't sing it loud enough! Thank you so much for your kind hospitality"

- Ulrika Jonsson

"Thank you Malik! for making us so welcome and putting up with all the lights and cameras. Wonderful food too..."

- Wendy Sweetser (Food Editor, OK! Magazine)

"Malik, your food was fantastic. Thank you for a lovely evening."

- Kelly Brook.

"The food, the atmosphere... what a great place!"

- Mel B

"Thank you for a wonderful evening."

- Barbara Windsor

TRY OUR EXCLUSIVE SUNDAY BUFFET

As much as you can eat, served from 12 noon to 2.30pm **£12.00 Adult £8.00 Child**